



MOPS Inspirational Speaker

Name: Ruth Titus of Speaking for Him

Phone number: 763.753.4919

E-mail address: him@himinc.net (First time only - you will need to verify that you are a real person by responding to our email one click confirmation process)

Address: P. O. Box 178, 4324 230th Avenue NW, St. Francis, MN 55070

I am a Christian and the focus of what I present is from a biblical perspective.

I use humor to incorporate bring messages on topics concerning relationship enrichment, personal assessment, as well as personal growth. The topics I share on have been well received and I have had *many* return invites to speak at women's groups all over Minnesota.

Potential Topics: (or feel free to suggest one!)

~ **“Who Am I?”** Well, just Who Do You Think You Are? Ever feel that as a mom, you have lost your personal identity? Being a mom, being a wife, and being a woman, which one do you have to be today?? Well, this is a common feeling and I share with moms how to refocus on who you are! This has been a requested topic as it pertains to **“Momology,”** the theme for MOPS 2010-2011.

~ **“An Expectation Revelation”**

- The blending together of lives in relationships always brings spoken and unspoken expectations.
- How are we different?
- Can we really expect our expectations to be met?

~ **“How to have fair F.I.G.H.T.S.”** Everyone has their own method for dealing with conflict or disagreements, but in this topic I teach the methods of fair fighting and how to

create an environment for that to happen. Each one of the letters, **F.I.G.H.T.S. is used to convey principles**

~ **Forgiveness** is a needed aspect to be taught. **“What it really is and What it isn't!?”** is essential for us to have a relationship with God. All too often we cannot forgive ourselves for our past and Satan has a hay day with reminding us of what we did wrong. I present that with confession of our sin God is able to forgive us and how we are able to forgive ourselves and others through the forgiveness that He offers us. Harboring unforgiveness hinders our prayers. The point of the message is -- there is forgiveness, we are told in His word to forgive, and forgiving opens the door between us and God in our prayer life.

~ For Relationships, I often cover **“The Top Ten Needs”** that couples have and how to learn to identify them within their own relationship. Through this process they are able to build a stronger relationship with their husbands and thus create a more harmonious home life for them and their families.

~ **“Personalities – How You Like to Give and Receive Information”** A different fun topic which helps to understand how they play a role in their relationships. I have the participants do a brief self-evaluation, which helps them to understand their own personality. Then I cover how their personality type likes to give and receive information. They come away with the realization that this has a great deal of impact on how they deal with the relationships in their lives. This too helps them better understand the personality types of their spouses and children, enabling them to learn how to have better communication and more harmonious home life.

~ Another subject that could be presented is, **“There Can be HOPE in a Mixed Up World”** This topic takes its emphasis from Jeremiah 29, “For I know the plans I have for you,” declares the LORD, “plans to prosper you and not to harm you, plans to give you hope and a future.” I present the importance of how God desires for us to lean on him in all circumstances even though we cannot seem to see any hope.

~ The topic of **“Intimate Issues for Women”** has proven to be quite a hot topic. This presentation deals with the top twenty questions that Christian women have with regard to their sexuality. Some of the questions that can be covered are:

How can I remain faithful in a faithless world?

How can I recapture the passion I once had?

How can I put the sizzle back in sex?

How can I enjoy sex when I don't like my body?

Society has stolen our joy of intimacy by turning it into something “dirty.” I help women understand what God's view is on this topic and the fact that sexual intimacy is not something to be thought of as being “taboo.” Unfortunately the Christian community has often given the impression that it should not be something to be embraced or enjoyed.

I am not able to cover all twenty questions, but I do cover the top five that Christian women have.

All of my presentations are presented from a biblical perspective incorporating a lot of humor in an upbeat non-threatening format. I am also open to other topics by request. MOPS Speaker fee is \$125.00 for engagements within a 40-mile radius or 1-hour driving time. Additional travel fees *may* apply for extended distances. All checks should be made out to Speaking for HIM.

Check out our website for more information at himinc.net. To reserve your date phone me at 763.753.4919 or by emailing him@himinc.net